



English's of Brighton

Seafood Restaurant and Oyster Bar

The South's leading Seafood Restaurant and Oyster Bar

Tel: 01273 327980 e-mail: book@englishs.co.uk

English's Christmas Menu 2009

Bread and pate

Starters

Black mussel and creamed parsnip soup, Sussex blue cheese crostini

Seared fillet of red mullet, marinated salad of shredded carrot and coriander, saffron and aioli mayonnaise

Pan fried king scallops with black pudding and fresh figs, clear honey and organic yoghurt dressing

Slices of cured tuna loin and pecorino cheese, rocket leaves dressed with roasted red pepper and lime olive oil

Slices of chilled gala melon, prosciutto and deep water peeled prawns, lemon and dill crème fraiche

Mains

Whole grilled lemon sole, oyster mushroom and sorrel cream, buttered new potatoes

Pan fried fillets of red snapper glazed with back olive and basil butter, sauté potatoes

Roasted fillet of salmon with olive oil and mint crushed new potatoes, caviar tapenade

Seared swordfish steak, thyme infused creamed potatoes, port shallot jus

Medallions of Scottish fillet steak flamed in brandy, garlic, mushroom and tarragon cream, sliced new potatoes

Roasted butternut squash, sun dried tomato and parmesan risotto

All main dishes are served with seasonal vegetables

Puddings

Traditional Christmas pudding, brandy sauce

Selection of fine sussex cheeses

Rich dark chocolate mousse Chantilly cream

Coffee and mints

£29.95 per person all inclusive

English's of Brighton Limited

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